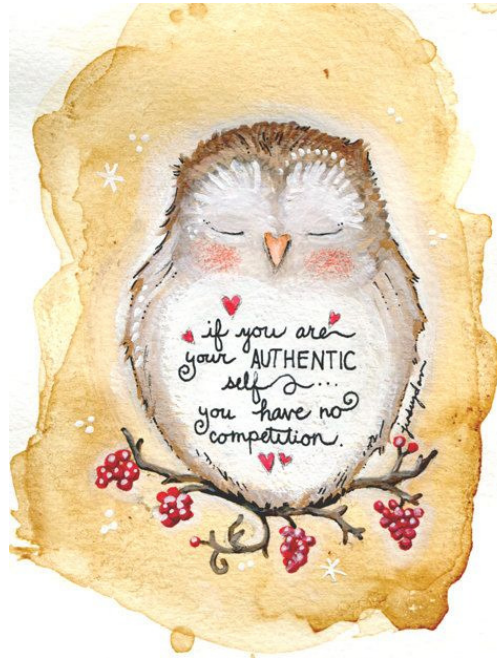




PRAGYA
Living Wisdom Centre



*'The power for authentic leadership is not found
In external arrangements but
In the human heart'*

- Parker J Palmer

THE WISE OWL

*authentic leadership course
available with certification*

WHAT IS THE WISE OWL

'A good leader takes people where they want to go. A great leader takes people where they don't necessarily want to go, but ought to be.'

To become a great leader, you must find your inner compass by enhancing your **self-awareness** and **acknowledging your journey**; then learn to **drive leadership as you align your core values with the organization's**.

The world seeks today for the **authentic leader** – a mindful leader whose awareness of the self, the other and the environment guides his/her daily actions; empowers him/her to earn trust their stakeholders, peers and reports. Companies need leaders who exhibit high standards of integrity, take responsibility for their actions, and are guided by enduring principles rather than short-term expedience. Such leaders are in short supply, however authentic leadership can be learned through the development of **mindful leadership** and **emotional intelligence** practices.

PARTICIPANT PROFILE

The Wise Owl is open to **senior executives** who wish to tap into their uniqueness to become authentic leaders and take on increased leadership challenges, and grow.

The course will prod you to –

- reflect on your own journey
- review with care, responsibility
- openness and objectivity
- abstract learnings; garner strengths
- be vulnerable to examine failures with compassion
- discover blocks and limitations
- use processes to let go what is not working

and implore you to weave new ways of empowered leadership by practising and perfecting with persistence and patience.

DURATION

Ranges from 5-6 months with **8 sessions; each of 2-3 hours**, held every 2-3 weeks.

COVERAGE

Pre and Post assessment mandatory. The course has 4 Modules with 4 Practice sessions.

Day 1 PRE ASSESSMENT	Assessment – self and coach
	Inventories
	Case study and work related anecdotes
Day 2 Module 1: EXPLORE	Mindful Leadership
	Self awareness, awareness of the other; awareness of the environment
Day 3 PRACTICE SESSION	Review and practice of Module 1
Day 4 Module 2: ENCOUNTER	Limiting Beliefs & Empowering Beliefs
	Identification and acknowledgment of limiting beliefs
	Transition to empowering beliefs
	Charting new ways of being and behaving
Day 5 PRACTICE SESSION	Review and practice of Module 2
Day 6 Module 3: EMPATHIZE	Mindfulness in communication

	Deep listening; empathy
	Emotional Intelligence
	Understand feelings and their importance
Day 7 PRACTICE SESSION	Review and practice of Module 3
Day 8 Module 4: ENGAGE	Emotional Empowerment
	Create a self help kit to manage emotions
	Learn to grow through vulnerabilities
Day 9 PRACTICE SESSION	Review and practice of Module 4
Day 10 POST ASSESSMENT	Assessment – self, coach and inventories
	Review of transformational journey with evidence and endorsement

PROGRAM STRENGTHS

1. **Thorough diagnosis** of your strengths and development areas through pre, post assessment and interim assessment of each module.
2. **‘Scaffold-feedback’** that empowers and prepares you to scale to higher levels of success.
3. **Self empowerment** through a tool-kit of tips and techniques that will help you wade through individually, as well as lead a team, through varied challenges.
4. **Natural unfolding of inner confidence**, self worth and self esteem which become increasingly visible to help you emerge as an empowered leader.

LEARNING OUTCOME

Reinvent yourself - As we progress through our professional career, there comes a time to pause and reinvent to scale up skills, to create the much needed change and bring ourselves back to who we are and what we can do best, to serve our best interest and that of the organization. In other words: to become *‘the best that we can be’*. This is the core objective of The Wise Owl.

The other **outcomes** include -

- ✓ Allow your **authenticity to shine** as you lead with integrity through varied situations
- ✓ Acknowledge of the **‘sculpting process of your journey’** – learn from your life story and your crucibles on your leadership
- ✓ Transform limiting beliefs and **experience success from empowered beliefs**
- ✓ Transition from scarcity consciousness to **prosperity consciousness/limitlessness** and possibilities in endeavours

- ✓ Develop **mindful leadership practices** at work and in life; build trust and collaboration
- ✓ Lead with **emotional empowerment**; show grace under fire
- ✓ Find common ground, the sweet spot to connect with self and others; engage to build lasting relationships.
- ✓ Develop self esteem and support others to become their best selves
- ✓ Lead an **integrated life** with balance in life and work
- ✓ Enhance **overall health and wellness for self and others**

COMPANY

Pragya Living Wisdom Centre, a unit of The Healing Circle

License/Registration No. DIT(E)BLR/12A/T-351/AABT7539E/ITO(E)-2/VOI 2010-2011

WEBSITE

<http://www.thehealingcircle.in/pragya-living-wisdom-centre/>

CERTIFICATION

1. **Participant must score a minimum of 85% for certification of successful course completion**
2. **If post assessment score is less than 85%, then, participants can either –**
 - a. **Enrol for 3 additional modules to catch up on skills that need to be strengthened**

OR

 - b. **Be given a participation certificate**

PROGRAM FEE

- **With a minimum of 2 participants per day – 2 coaching sessions per day** – billing on a per day fee basis
- **Per participant** – billing on a per session basis
- Minimum 6 sessions per participant plus Pre-assessment session i.e. 7 sessions per participant
- Sessions can be increased or decreased based on specific individual learning needs
- Recommended – 8 sessions(per participant (including pre and post assessment)
- **Photocopying, Travel (within and outside Bangalore) if arranged by Pragya – Reimbursable at actuals**
- Travel (within Bangalore or outside-city) and other out-of-pocket expenses for facilitator/s as required will be arranged/reimbursed by Client.

TERMS AND CONDITIONS

- Any material required for the workshops will be sent to VMware for Production.
- Travel (within Bangalore or outside-city) and other out-of-pocket expenses for facilitator/s as required will need to be arranged/reimbursed by Client. Stay to be arranged as appropriate for Senior Management. All arrangements to be confirmed and communicated to Party at least two weeks prior to workshop date.
- Any Third party tools leveraged will be at cost, charged extra.
- All commercials quoted will have applicable taxes charged as extra.
- **Cancellation Clause –**
 - If confirmed dates for a workshop, webinar, coaching sessions are changed without two weeks prior notice, 50% of the professional fees will be charged regardless of re-scheduling at a later date.
 - If confirmed dates for a workshop, webinar, coaching sessions are changed on the same day, 100% of the professional fee will be charged regardless of re-scheduling at a later date.
- Due to the sensitive nature of the session, any form of recording of it will not be accommodated.
- Payment to be made within 45 days on delivery of each training day.
- This proposal is valid until 3 months from date of issue.

BANK DETAILS

THE HEALING CIRCLE WORKSHOP & SESSIONS

Account Type: **Savings Account Trust**

Account Number: **041594600000591**

IFSC Code: **YESB0000415**

CONTACT

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